



Chub Mackerel

Scomber colias

General Characteristics:

The Chub Mackerel is a long, streamlined relative of the other mackerel species and is a greenish, blue color. They are found all over the Atlantic Ocean on both the west and east. Chub Mackerel have dark meat with high oil content. Their high oil content makes them a great choice for bait.



Fishing Season: April–November. Available Year–Round

Grade: Food or Bait

Origin: Morocco, USA, Portugal, Mauritania

Size: Ocean Run, 50/150g, 100/200g, 200/300g, 300/500g

Pack Style: Block Frozen, IQF

Nutritional Value:

Serving Size 100g

Calories: 189

Total Fat: 11.9g

Saturated: 3g

Monounsaturated: 4.5g

Polyunsaturated: 2.9g

Cholesterol: 32mg

Sodium: 89mg

Total Carb: 0g

Dietary Fiber: 0g

Sugars: 0g

Protein: 19g

Calcium: 15mg

Iron: 1.4mg